## Idalia Breakfast Menu September 2014

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	No school	2	French toast	3	Sausage biscuit	4	Breakfast rounds	5	Cereal bar
			oranges (fresh)		mixed fruit		mandarin oranges		omelet
			yogurt		yogurt		yogurt		banana (fresh)
			juice or milk		juice or milk		juice or milk		yogurt
									juice or milk
8	Hot pocket	9	Cereal	10	Quesadilla	11	Waffles	12	Muffins
	applesauce		sausage link		pears/yogurt		oranges (fresh)		yogurt/ granola
	yogurt		yogurt		juice or milk		yogurt		banana (fresh)
	juice or milk		mixed fruit				juice or milk		juice or milk
			juice or milk						
15	Toast w/jelly	16	Blueberry	17	Breakfast pizza	18	Bacon Hot pocket	19	Pancakes
	sausage		pancakes/yogurt		pears		oranges (fresh)		banana (fresh)
	pears		oranges (fresh)		yogurt		yogurt		yogurt
	milk or juice		juice or milk		juice or milk		juice or milk		juice or milk
22	Toast /bacon	23	Breakfast burrito	24	Pancake sandwiches	25	Pancake on a stick	26	Cereal
	pears		mandarin		applesauce		oranges (fresh)		Boiled Egg
	oranges(fresh)		oranges/yogurt		yogurt		yogurt		Applesauce
	yogurt		juice or milk		juice or milk		juice or milk		Yogurt
	juice or milk		5		5		5		Juice or Milk
-	XXX 001	20	<b>D</b> :						
29	Waffles	30	Biscuits & gravy						Menu is
	oranges (fresh)		applesauce						cubicat to
	yogurt		yogurt						subject to
	juice or milk		juice or milk						change

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## Idalia Lunch Menu September 2014

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	No school	2	Steak fingers	3	Chicken fried steak	4	Walking tacos	5	Macaroni &cheese
			green beans		Mash potatoes &		corn		strawberries
			watermelon		gravy		salad bar		salad bar
			(fresh)		Salad bar		mix fruit		dessert & milk
			salad bar		grapes (fresh)		milk		
			milk		milk				
8	Beef burrito	9	Sloppy joes	10	Chicken nuggets	11	Salisbury steak	12	nachos(meat or
	Salad bar		chips		corn		mash potatoes &		cheese)
	Apples (fresh)		salad bar		salad bar		gravy		salad bar
	milk		cantaloupe		oranges (fresh)		salad bar		kiwi (fresh)
			(fresh)		milk		mix fruit /milk		milk & dessert
			milk						
15	Chicken	16	Taco salad w/	17	Chicken sandwich	18	Pulled pork	19	Peanut butter &
	drumsticks		multi-color chips		fries		sandwich		jelly sandwiches
	roll/ salad bar		mix fruit		salad bar		chips /salad bar		oranges (fresh)
	strawberries		milk		peaches		(fresh) apple		salad bar
	milk				milk		milk		milk
22	HB/CB	23	Tacos	24	Chicken fried steak	25	Hot hoagie	26	Spaghetti
	fries		refried beans		sandwiches		sandwich		breadstick
	salad bar		salad bar		potato wedges		sun chips		pears
	applesauce		watermelon(fresh		salad bar/pears		grapes (fresh)		salad bar
	milk		milk		milk		salad bar/milk		Milk & dessert
29	Grilled chicken	30	BBQ beef						
	salad w/		sandwiches						
	multicolor		salad bar/peaches						
	chips		green beans						
	pears (fresh)		milk						
	milk								

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